Summer Sprints 2023

Level 4 Licenced Meet. Under Swim England Regulations and Technical Rules.

BMSC 2023 Summer Sprints - Event Rules

Eligibility, events and age groups

1. The competition will be held on the evenings of Saturday 1st July and Sunday 2nd July 2023, at Alfreton Leisure Centre. Warm up is 17:00, first event 17:30.

2. Anything not covered in these rules will be at the discretion of the promoters, Richard Oram and Sophie Axford for Belper Marlin Swimming Club.

3. The competition will be swum under Swim England Regulations and Technical Rules.

4. The competition will be a level 4 licenced meet, licence tbc

5. Starts - all swimmers starting with a dive must have achieved the required standard of the ASA competitive start award.

6. All swimmers must be registered members of the club.

7. Each event will have multiple heats, swum with mixed age groups based on entry time. The slowest swimmers will swim in the first heat; the fastest swimmers will swim in the last heat.

8. Swimmers should provide an entry time for each event they wish to enter. If they don't have a valid time, please enter "NT" for "no time". All entries marked as "NT" or containing anything other than a valid time will swim in the SLOWEST heat, regardless of their age or ability.

9. There is no minimum age for the Sprints competition. This applies to both able-bodied and disabilities swimmers. (No maximum age either!). The age groups are based on the age at the date of the second gala on 2nd July 2023.

10. The events are as follows:

9 years and under – 25m all strokes, 4x25m Individual Medley.

10 years and over, including Masters - 50m all strokes, 4x25m Individual Medley, Medley Skins finals

Note that the butterfly and individual medley is only suitable for more experienced swimmers who can legally complete the event. If in doubt please ask a member of the coaching team, but the promoters reserve the right to refuse entry for any swimmer who is not believed capable of legally completing the event.

11. All swimmers must report to the competitor stewards on arrival at the swimming pool

Entries

12. An entry fee of £3.00 per event will be charged. This will be collected via the club's electronic payment system once the entries have been accepted. Please note that once accepted, the entry fee will be due even if the swimmer subsequently withdraws.

13. Entry will only be via Swim Club Manager and each eligible swimmer will receive a link to a unique entry page via an email.

14. The closing date for entries is Friday 16th June 2023

15. Late entries may be accepted at the promoter's discretion.

16. A draft programme will be posted on the BMSC club website as soon as possible after Friday 23rd June 2023. *It is extremely important that you check this and notify the promoters of any errors and omissions as soon as possible*.

17. Alterations will be allowed to any errors made by the promoters. Any other alterations will only be accepted at the promoter's discretion and will be charged at £3.50 per change.

18. The final programme will be available on the website as soon as possible after 23rd June. Once the programme has been posted no further changes will be allowed, other than to withdraw a swimmer.

19. Please notify any withdrawals by no later than 17:00 hrs on the day before the gala to fixtures@belpermarlin.co.uk. This is to avoid swimming with empty lanes as race and lane seeding is carried out in advance of the galas.

Medley Skins Finals

20. There will be 4 medley skins finals swum under medley skins rules. These will be junior girls, junior boys, senior girls and senior boys. juniors are those aged 12 and under, seniors are aged 13 and over.

21. The swimmers in the medley skins finals will be the six fastest swimmers from the 50m heats calculated as follows:

Swimmers must legally finish each of the four 50m events (freestyle, breaststroke, backstroke and butterfly) to be considered.

The times for all 4 events will be added together, and the 6 swimmers with the fastest aggregated times will be selected, plus one reserve in the event of a withdrawal.

22. The final will be seeded with the fastest swimmer in lane 3. The six finalists will swim in the first skins heat, with the swimmer finishing 6th eliminated. the five remaining finalists will swim in the second skins heat etc until two swimmers are left, they will then swim off to decide the winner

23. The strokes to be swum in the medley skins final will chosen as follows:

• The stroke to be swum in each skins heat will be randomly chosen.

• 8 pieces of paper will be placed in a hat, with one of the four strokes on each piece of paper. 2 pieces fly, 2 breaststroke, 2 backstroke and 2 freestyle.

• Twenty seconds before the first heat the referee will draw a stroke from the hat and instruct the swimmers what the stroke will be, swimmers must then take up their start position. The paper will not be returned to the hat.

• The chosen event will be swum under normal competition rules, any infringements will lead to disqualification. On completion of the event, the last finishing swimmer will be removed from further competing by the referee, unless there is a disqualification.

• For subsequent heats there will be a fixed time interval between starts. For Juniors the heats will be 140 seconds apart, for seniors the heats will be 120 seconds apart.

• 20 seconds before the start of each further heat the referee will again draw a piece of paper from the hat to determine the stroke to be swum in the next heat and inform the swimmers what stroke they are to swim. Swimmers must then take up their start position.

• The winner will be declared once there is only one swimmer remaining.

Awards

Able-Bodied Awards

24. An award will be made to all swimmers taking part in the competition. The following age groups will apply:

7yrs and under, 8 yrs, 9 yrs ,10 yrs, 11 yrs, 12 yrs, 13 yrs, 14 yrs, '15 yrs and above'.

Awards will be made to the fastest 3 male and the fastest 3 female swimmers in each age group in each event.

Disabilities Awards

25. Entries from disabilities swimmers are welcomed. There will not be separate events or heats for disabilities swimmers; they will swim in the heat appropriate to their entry time.

26. Times swum by disabilities swimmers will be class-adjusted. The number of awards will be decided by the promoters based on the number of entries.

27. Disability swimmers will be eligible to swim in the skins finals if their unadjusted time(s) is within the six fastest times.

Masters Awards
28. Entries from masters swimmers are welcomed. there will not be separate events or heats for masters swimmers; they will swim in the heat appropriate to their entry time.

29. Times for masters swimmers will be age-adjusted. Points will be awarded as follows:

30. The swimmer with the fastest age adjusted time in each event will be awarded 6 points, the second fastest age adjusted time will be awarded 5 points, and so on down to the 6th finisher who will be awarded 1 point. Each swimmer will receive one award based on their total accumulated points over the 4 events.

31. Masters swimmers will be eligible to swim in the skins finals if their unadjusted time(s) is within the six fastest times.

Summer Sprints Competition

Saturday 1st July and Sunday 2nd July 2023

Gala 1 Programme – Saturday 1st July
17:00 warm up, 17:30 start

Event

1. Girls 25m Freestyle
2. Boys 25m Freestyle
3. Girls 50m Freestyle
4. Boys 50m Freestyle
5. Girls 25m Backstroke
6. Boys 25m Backstroke
7. Girls 50m Breaststroke
8. Boys 50m Breaststroke
9. Girls 4x25m Individual Medley
10. Boys 4x25m Individual Medley

Gala 2 Programme - Sunday 2nd July
17:00 warm up 17:30 start

Event

11. Girls 50m Backstroke
12. Boys 50m Backstroke
13. Girls 25m Butterfly
14. Boys 25m Butterfly
15. Girls 50m Butterfly
16. Boys 50m Butterfly
17. Girls 25m Breaststroke
18. Boys 25m Breaststroke
19. Junior Girls 50m Medley Final (Skins)
20. Junior Boys 50m Medley Final (Skins)
21. Senior Girls 50m Medley Final (Skins)
22. Senior Girls 50m Medley Final (Skins)